



**SCHEDULE OF CLASSES (as of 5/01/2019)**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit		
6:00am	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit		
6:45am	BootCamp		BootCamp		BootCamp	Open Gym 6:30-7:30am	
7:30am						Rowing	
8:30am	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	Partner CrossFit	
9:00am							Mobility
9:30am	ROM WOD				ROM WOD	BootCamp	
12:00p	BootCamp		BootCamp		BootCamp		
4:30pm	Kids Speed & Strength		Kids Speed & Strength		Kids Speed & Strength		Open Gym 4:00-6:00pm Sunday
4:45pm		RowFit		RowFit			
5:30pm	BootCamp	CrossFit	BootCamp	CrossFit	BootCamp		
6:30pm	CrossFit		CrossFit		Barbell Club		

**Personal Training by appointment only**

**8987 E. Tanque Verde Rd. #353 Tucson, AZ 85749**

**(520)300-4109**

Try us out for FREE! Go to [www.CrossFitFixx.com](http://www.CrossFitFixx.com) to sign up for 3 Free Classes